

DAY 1

DAY 2

DAY 3

DAY 4



SET YOUR OWN PACE!

Learn it in 1 Day or in 4 Days.

Hissing Exercise	"O say can you see"	"By the dawn's early light"
"What so proudly we hailed"	"At the twilight's last gleaming"	"Whose broad stripes ... Gallantly streaming"
"And the rockets red glare"	"The bombs bursting in air"	"Gave proof through the night"
"That our flag was still there"	"O say does that star-spangled"	"Banner yet wave"
"O'er the land of the free"	"And the home of the brave"	Sing through entire song

~30 mins

Cross-out each section once you've completed that video



Hissing Exercise	"O say can you see"	"By the dawn's early light"
"What so proudly we hailed"	"At the twilight's last gleaming"	"Whose broad stripes ... Gallantly streaming"
"And the rockets red glare"	"The bombs bursting in air"	

Hissing Exercise	"Gave proof through the night"	"That our flag was still there"
"O say does that star-spangled"	"Banner yet wave"	"O'er the land of the free"
"And the home of the brave"	Sing through entire song	

~16 mins/day

Hissing Exercise	"O say can you see"	"By the dawn's early light"
"What so proudly we hailed"	"At the twilight's last gleaming"	"Whose broad stripes ... Gallantly streaming"

Hissing Exercise	"And the rockets red glare"	"The bombs bursting in air"
"Gave proof through the night"	"That our flag was still there"	"O say does that star-spangled"

Hissing Exercise	"Banner yet wave"	"O'er the land of the free"
"And the home of the brave"	Sing through entire song	

~13 mins/day

OUR FAVORITE ←

Hissing Exercise	"O say can you see"	"By the dawn's early light"
"What so proudly we hailed"	"At the twilight's last gleaming"	

Hissing Exercise	"Whose broad stripes ... Gallantly streaming"	"And the rockets red glare"
"The bombs bursting in air"	"Gave proof through the night"	

Hissing Exercise	"That our flag was still there"	"O say does that star-spangled"
"Banner yet wave"		

Hissing Exercise	"O'er the land of the free"	"And the home of the brave"
Sing through entire song		

~10 mins/day